JACKSON. MISSOURI.

Moderation in everything is the secret of loy.

it will be time enough to boast when to-morrow is past.

Happy is the man who never recog-

nizes defeat and despair. When a man gets a reputation as a clever conversationalist you may be sure that he never will be famous.

A New York woman who lost \$20 at a card party called for the police and had the game broken up. She needn't expect to be invited out much after

Hudson Maxim announces that he has completed an invention which will make armor-plate useless. This ought to help some more toward the estab lishment of universal peace.

Government scientists claim that the eating of raw meat will enable people to become strong mentally and physically. It may be, however, that mental and physical strength can be achieved in more pleasant ways. If so they ought to be discovered.

Premier Campbell-Bannerman says the British house of lords will be reformed. Owing to the fact that the lords will have to vote in favor of reformation before it can be achieved, there are strong reasons for believing that the premier is merely guessing.

It is estimated that more than 1.000,000 hares are shipped from Maine every year and as many more used as food within the state. Notwithstanding this, and the fact that thousands of hares are devoured every year by beasts and birds of prey, this small animal continues to increase.

Mile. Andre Couhis, still a young woman, whose poems in the volume entitled "Gemmes et Moires" have won high praise, has been chosen poet laureate of France for the year passed. The honor is one conferred annually by a vote of eminent literary people on the most distinguished poet of the

It is Prof. Henry A. Sill of Cornell who has found a classical justification of the slang expression "23" in Plutarch's account of the assassination of Julius Caesar, where it is recorded that the cause of his farewell was 23 wounds inflicted by the senstorial conapirators. Some may think that this is silly.

Lord Walsingham, acknowledged to be the finest shot in England, is probably the only man in the world whose aim is so accurate that he can shoot wasps on the wing. He is also an accomplished writer, one of the first entomologists of the day, a fellow of many learned societies and owner of the finest collection of moths and butterflies in the world.

In the former douma last year there were comparatively few young men and many old ones, there being twice as many over 50 years of age as there were under 30. Now the proportion is almost exactly reversed. About one-fifth of the members are under 30, while one-tenth are over 50. Between those ages the majority are nearer the younger than the older figure, 40 per cent, being between 30 and 40, while only 30 per cent, are between 40 and Analyzed by classes or parties, the moujik, or peasant members are the youngest of all and the reactionaries are the oldest.

The World's Work obtains from the last census the surprising fact that among the working women of the United States there must be included nearly 2,000 stock raisers and drovers, almost as many fishermen and oystermen, and more than 1,300 miners and quarrymen. Also there are 167 masons, 126 plumbers and fitters, 879 watchmen and policemen, 196 blacksmiths, 113 wood-choppers, 154 boatmen and sailors, 100 lumbermen, 43 carriage and hack drivers, 26 switchmen and yardmen, 31 brakemen, 6 ship carpenters, 21 stevedores, 18 longshoremen, 84 civil engineers and surveyors.

In the great basin between the Rockies and the Sierra Nevadas lie the ghosts of many dead lakes. Rivers still flow down the dry edges of these one-time great reservoirs, and are licked up by evaporation and the Chinook winds. Of all the lakes that once lay there, only Great Salt lake, Lake Tahoe and Bear lake are left. The Southern Pacific rolls for 165 miles across the bed of what was once Lake Lahontan, and passengers gazing idly from the windows may see the terraces and wrinkles in the crust of the fossil lake which nature robbed and defrauded of its crystal treasures ages ago.

Australia is arranging to establish a two-cent rate of postage on letters net only throughout Australia but with all parts of the British empire and all foreign countries that will deliver twocent letters from Australia. The time is coming when two-cent ocean postage will be the universal rule.

Once in awhile a foreigner makes a really sapient remark concerning the observations he has made in this country. An Austrian artist, for whom President Roosevelt "sat," declared that the president is ideally American because he could not keep him still.

(From The Chicago Tribune.)

## ADVICE TO RHEUMATICS

Noted Physician Tells How to Prevent To the Editor. and Cure Rheumatism, Kidney and Bladder Troubles.

(By Geo. Edmund Flood, M. D.) If you would avoid Rheumatism and Kidney and Bladder Troubles, be moderate in the consumption of heavy, rich foods, substitute as far as possible soups, broths, fresh milk and drink water-lots of water. Take plenty of time to eat, and don't eat after you bave had enough, even if it does taste good. If your work is confining take a moderate amount of exercise each

day in the open air. Of course, neither diet, water, rest nor exercise will cure these afflictions. I advise them as preventives only. For the benefit of the readers of this article who are now afflicted with Rheumatism. Kidney. Bladder or Urinary trouble, and desire to be cured quickly, I give below, complete in every detail, the famous prescription which has made me so successful in the treatment of these diseases. It is the most certain cure for these diseases that I have ever used. It is pleasant to take, it is not expensive, it can be filled by any druggist, and I believe it is the greatest prescription for Rheumatism, Kidney and Bladder Trouble ever written. It is also a valuable spring tonic and blood purifier. If you are a sufferer, save this, take it to your druggist and have it filled, or get the ingredients and mix them at home.

Fluid Extract Cascara Aromatic, 1/2 ounce.

Concentrated Barkola Compound, 1 Fluid Extract Prickly Ash Bark, 16

drachm. Aromatic Elixir, 4 ounces.

Adult dose, take one teaspoonful after meals and at bedtime; children, one-fourth to one-half teaspoonful after

meals. After you are cured follow the advice I have given you in regard to diet, exercise and water, and you will not need the services of a physician

again for these allments. Other tapers are privileged to copy.

HOW CLASSIC WAS WRITTEN.

Bret Harte's Great Poem Result of an Inspiration.

The war correspondent, Frederic Villiers, has recorded a talk with Bret Harte apropos of the poem, "Dickens in Camp:" "We all felt his loss most keenly in the States," said

aring of his death (I) sat down about three in the afternoon to write an editorial on the great author. I wrote one and then tore it up. Then another, after much pains, was written. This did not please me, so I tore it up. I wrote yet another and threw it into the waste paper basket; it would not do. It was getting late, and I was now keeping the paper waiting for press. I was drumming on my desk, absolutely without another thought in my head; I had run dry. Suddenly I mechanically began to write and the result was the thing you seem to like so much. Well, Mr. Villiers, you are not far out. I

like it, too." Shipwrecked Sailors Saved.

Eleven men, members of the crew of the Norwegian antarctic expedition ship Catherine, have been rescued after having been cast away on one of the Crozet isles in the southern Indian ocean, far off the track of commerce. They were found in exceedingly good health, having subsisted on penguins, sea elephants, albaggs and food from the depot placed there in 1880. The latter was not particularly wholesome, but the men got used to it. One bottle of whisky which was washed ashore was kept for Christmas. They were short of matches, and used only one daily, and made every effort to keep alight a lamp, owing to the severe

APPENDICITIS.

Not at All Necessary to Operate In Many Cases.

Automobiles and Appendicitis scare

ome people before they are hit. Appendicitis is often caused by too much starch in the bowels. Starch is hard to digest and clogs up the digestive machinery-also tends to form cakes in the cecum. (That's the blind

Deafness Cannot Be Cured
by local applications, as they cannot reach the diseased portion of the ear. There is only one way to
cure deriness, and that is by constitutional remedies.
Deafness is caused by an inflamed condition of the
mucous lining of the Eustachian Tube. When this
tabe is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Dearness is the result, and unless the inflammation can be
taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases
out of ten are caused by Catarrh, which is nothing
but an inflamed condition of the nucous surfaces.

We will give One Hundred Dollars for any case of
Deafness (caused by catarrh) that cannot be cured
by Hall's Catarrh Cure. Send for circulars, free.

F.J. CHENEY & CO., Toledo, O.

Take Hall's Family Pills for constipation. pouch at entrance to the appendix.) A N. H. girl had appendicitis, but fived on milk for awhile—then Grape-Nuts and got well without an opera-

tion. She says: "Five years ago while at school, I suffered terribly with consti-pation and indigestion." (Too much starch, white bread, potatoes, etc., which she did not digest.)

Pure! Pleasant! Potent! Three interesting facts about Garfield Tea, the Natural laxative. It is made of Herbs and is guaranteed under the Pure Food and Drug Law. "Soon after I left school I had an attack of appendicitis and for thirteen weeks lived on milk and water. When recovered enough to eat solid food there was nothing that would agree with me, until a friend recommended Grape-Nuts.

"When I began to eat Grape-Nuts I weighed 98 lbs., but I soon grew to 115 lbs. The distress after eating left me entirelygand now I am like a new per-

son. (A little Grape-Nuts dissolved in hot water or milk would have been much better for this case than milk alone, for the starchy part of the wheat and barley is changed into a form of digestable sugar in making Grape-Nuts.) Name given by Postum Co., Battle Creek, Mich. Read the little book, 'The Road to Wellville," in pkgs. There's a Reason."

DON'T GRUMBLE AT TRIFLES.

Saltconts, Sask., 8th December, 1906.

Previous to coming here I farmed in

Baldwin, St. Croix County, Wisconsin,

and as I have heard a great deal about

the Canadian North-West, 1 decided

to take a trip there and see the coun-

try for myself. I was so impressed

with the richness of the soil that I

bought half a section of land about

five miles from the town of Saltcoats.

moved on to the land the following

June and that year broke 90 acres,

which I cropped in 1904, and had 39

bushels wheat per acre. In 1905, with

an acreage of 160 acres, I had 24 bush-

els wheat and 35 bushels of oats per

acre. In 1906, with 175 acres under

crop, I had 25 bushels wheat and 45

From the above mentioned yields

you can readily understand that I am

very well pleased with the Canadian

West. Of course, I have had to work

hard, but I don't mind that when I

Yours truly,

HENS KNEW THEIR BUSINESS.

Never Would They Lay Anything but

the Freshest of Eggs.

There is a German dairyman and

farmer, whose place is not far from

Philadelphia, who greatly plumes him-

self upon the absolute superiority of

his products above all others in the

On one occasion he personally ap-

plied to a Germantown housekeeper

for a transfer of her custom to him-

drouble with dot dairyman of yours,'

he said. "Yust you gif me your gus-

"Are your eggs always fresh?" ask-

"Fresh!" repeated the German, in

an indignant tone. "Let me deli you,

madam, dot my hens nefer, nefer lay

BLOOD GETS SOUR.

Gives Advice and Tells of Simple

Home Mixture.

At this time of year, says a well-

known authority, the Kidneys become

weak, clogged and inactive, failing to

filter out the poisons and acids, which

sour the blood, causing not only facial

and bodily eruptions, but the worst

forms of Rheumatism, Nervous and

Stomach troubles, Backache and pain-

It is worth anyone's time now to get

from some good prescription pharmacy

the following ingredients: Fluid Ex-

tract Dandelion, one-half ounce; Com-

pound Kargon, one ounce; Compound

Syrup Sarsaparilla, three ounces. Mix

by shaking well in a bottle and take

in teaspoonful doses after your meals

This simple home-made mixture will

force the Kidneys to normal healthy

action, so they will filter and strain all

uric acid and poisonous waste matter

from the blood, and expel this in the

urine, at the same time restoring the

"full blood count"—that is, 95 per cent.

red blood corpuscles-which is abso

lutely indispensable to perfect health.

An Animal-Lover's Ambition.

To be a genuine lover of animals, and to be able to effect an improve-

ment in the breed of those which ap-

peal most to one's fancy, is to add a

fresh and lasting source of enjoyment

Deafness Cannot Be Cured

United States Leads In Oll.

oil used in the world, 54 gallons are

produced in the United States.

Of every 100 gallons of illuminating

No conquest is so severe as his who

Some people are too conscientious

labors to subdue himself.-T. a Kem-

Satisfying smoke on the market. A dealer or Lewis Factory, Peoria, Ill.

preach what they practice.

to life.-Country Life.

and at bedtime.

ful, annoying Urinary afflictions.

tom and der vill be no drouble."

anything but fresh eggs!"

"I hears dot you haf a lot of

vicinity.

ed the woman.

self.

(Signed) O. B. OLSON.

get such a good return for my labor.

bushels of oats per acre.

Dear Sir.

the District of Saltcoats.

Old Sofas, Backs of Chairs, etc., can be dved with PUTNAM FADELESS DYES, fast, bright, durable colors. Twenty-five Bushels Wheat and Fortyfive Bushels Oats Per Acre Are Lies often tread on the toes of the in Western Canada.

unshed truth.

Mrs. Winslow's Soothing Syrup. hidren teething, softens the gums, reduces the succession, slays pain, cares wind colle. 25c a bottle.

It's difficult for a tight-fisted preacher to hold his congregation. I willingly give you the result of my four and a half years' experience in

Lewis' Single Binder straight 5c cigar is good quality all the time. Your dealer or Lewis' Factory, Peoria, Ill.

Britons Fond of Theatricals. It is estimated that Great Britain spends \$150,000 a day on theaters.

Take Garfield Tea in the Spring—it will save you many days of headache, lassitude and general ill health. This natural laxative purifies the blood, cleanses the system and establishes a normal action of liver, kidneys and bowels. Chivalrous English Candidates.

In a recent municipal election at Chard. England, two male candidates withdrew in order that two women might have an uncontested election.

It Cures While You Walk.

Allen's Foot-Ease is a certain cure for hot, sweating, callous, and swollen, aching feet. Sold by all druggists. Price 25c. Don't accept any substitute. Trial package FREE Address Allen S. Olmsted, Le Roy N. Y. Unique Souvenir.

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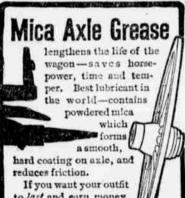
Every reader of this paper can get free of charge one of Dr. Coffee's famous books which tells of a new method by which persons afflicted with Deafness, Head Noises, Sore Eyes, Failing Sight from any cause, can cure themselves at home at small eveness. Write to any Canadian Government Agent for literature and full particu-

eause, can cu small expense Write a letter immediately to Dr. W. O. Coffee, 360 Century Bldg., Des Moines, la

Coming Popular Craze. Signs are not wanting that amateur photography will have a vast increase of raw recruits in 1907. From the cloistral retreats of the learned it has transpired that we are on the verge of discovering the art of direct color photography. And the masses -there is abundant evidence of itare beginning to turn their eyes towards this hobby which promises so

many wonders for the near future.



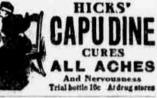


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A Positive CURE FOR Ely's Cream Balm

is quickly absorbed. Gives Rollef at Once.

It cleanses, soothes, heals and protects the diseased membrane. It cures Catarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Full size 50 cts, at Druggists or by mail; Trial size 10 cts. by mail. Ely Brothers, 56 Warren Street, New York.



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PROTECT YOUR IDEAS Lewis' Single Binder cigar-richest, most

DEFIANCE STARCH—16 package "DEFIANCE" IS SUPERIOR QUALITY.

## THE CHANGE OF LIFE

Sensible Advice to Women from firs. Henry Lee. Mrs. Fred Certia and Mrs. Pinkham.



MRS HENRY LEE

Owing to modern methods of living not one woman in a thousand ap-proaches this perfectly natural change without experiencing a train of very annoying and sometimes painful

This is the most critical period of her whole existence and every woman who neglects the care of her health at this time invites disease and pain. When her system is in a deranged condition or she is predisposed to apoplexy or congestion of any organ, the tendency is at this period likely to become active and with a ost of nervous irritations make life a burden. At this time also cancers and tumors are more liable to form and begin their destructive work.

Such warning symptoms as sense of suffocation, hot flashes, headaches, backaches, melancholia, dread of im-pending evil, palpitation of the heart, irregularities, constipation and dizziare promptly heeded by intelligent women who are approaching the period of life when this, great change may be expected.

Mrs. Fred Certia, 1014 So. Lafayette Street, So. Bend, Ind., writes:

Dear Mrs. Pinkham:-"Lydia E. Pinkham's Vegetable Com-

pound is the ideal medicine for

several months I suffered from bot flashes, extreme nervousness, beadache and sleep-lessness. I had no appetite and could not sleep. I had made up my mind there was no help for me until I began to use Lydia. E. Finkham's Vegetable Compound, my bad symptoms ceased, and it brought mesafely through the danger period, built up my system and I am in excellent health, I consider Lydia E. Finkham's Vegetable Compound unsurpassed for women during this trying period of life."

Mrs. Henry Lee, an Wisson Stand

Mrs. Henry Lee, 60 Winter Street, New Haven, Conn., writes:

New Haven, Conn., writes:

Dear Mrs. Pinkham:—
"After soffering untold misery for threeyears during Change of Life I heard of
Lydia E. Pinkham's Vegetable Compound,
I wrote you of my condition, and began to
take Lydia E. Pinkham's Vegetable Compound and followed your advice, and to-day
I am well and happy. I can now walk anywhere and work as well as anyone, and for
years previous I had tried but could not get
around without help. I consider your medicine a sovereign balm for suffering women."

Women passing through the critical

Women passing through this critical period should rely upon Lydia E. Pinkham's Vegetable Compound. If there is anything about your case you don't understand write to Mrs. Pinkham, Lynn, Mass., for advice. It is free and has guided thousands to health.

When a medicine has been successful in restoring to health, actually thousands of women, you cannot well say without trying it, "I do not believe it will help me." It is your duty to yourself and family to try Lydia E. Pinkham's Vegetable Compound.

W. L. DOUGLAS W. L. DOUGLAS \$4.00 GRIT EDEC SHOUS GREQUALLED AT ANY PRICE.

SHOES FOR EVERYBOODY AT ALL PRICES.

Men's Shoes, \$5 to \$1.50. Boys' Shoes, \$3 to \$1.25. Women's
Shoes, \$4 to \$1.50. Misses' & Children's Shoes, \$2.25 to \$1.00.

W. L. Douglas shoes are recognized by expert indiges of footwear
to be the best in style, fit and wear produced in this country. Each
part of the shoe and every detail of the making is looked after
and watched ever by skilled shoemskers, without regard to
time or cost. If I could take you into my large factories at
Brockton, Mass., and show you how carefully W. L. Douglas
shoes are made, you would then understand why they hold their shape, fit bett
wear longer, and are of greater value than any other makes.

W. L. Douglas shape and prove is sumed on the follows, which protects the water against high
proves and interior shoes. Take, No so not the follows, which protects the water against high
Four Color Everes used createnedy. Catalog mained free. W. L. BOUGLAS, Brockton, Ma

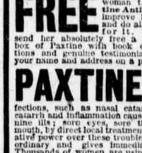
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ing and Mixel Farming awater in attendance; ings. Coal, wood and water in attendance; churches and schools convenient, markets easy of access. Taxes low.

For savice and information address the Super-intendent of Immigration, Ottawa, Canada, or authorized Canadian Government Agent.

J. S. CRAWFORD, No. 125 W. Ninth Street, Kansas City, Missouri, or C. J. BROUGHTON, Room 430, Quincy Building, Chicago, Illinois.



fections, such as masal catarrh, pelvio catarrh and inflammation caused by feminine ills; soro eyes, sore throat and mouth, by direct local treatment. Its curalive power over these troubles is extractive power, and gives immediate relief. Thousands of women are using and recommending it every day. 50 cents at druggists or by mail. Remember, however, IT COSTS YOU NOTHING TO TRY IT. THE R. PAXTON CO., Boston, Mass.



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For Preserving, Purifying and Beautifying the Skin, Scalp, Hair, and Hands.

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You Look Premature